



## Heth

- 57 You are my portion, LORD;**  
I have promised to **obey your words.**
- 58 I have sought your face with all my heart;**  
**be gracious to me according to your promise.**
- 59 I have considered my ways**  
and **have turned my steps to your statutes.**
- 60 I will hasten and not delay**  
to obey your **commands.**
- 61 Though the wicked bind me with ropes,**  
**I will not forget your law.**
- 62 At midnight I rise to give you thanks**  
for **your righteous laws.**
- 63 I am a friend to all who fear you,**  
to all **who follow your precepts.**
- 64 The earth is filled with your love, LORD;**  
teach me your **decrees.**



## Heth

57 \_\_\_\_\_ my portion, \_\_\_\_\_;  
\_\_\_\_\_ promised to \_\_\_\_\_ your \_\_\_\_\_.

58 \_\_\_\_\_ sought your face with \_\_\_\_\_;  
\_\_\_\_\_ gracious \_\_\_\_\_ according to \_\_\_\_\_.

59 \_\_\_\_\_ considered my \_\_\_\_\_  
and \_\_\_\_\_ turned my \_\_\_\_\_ to \_\_\_\_\_.

60 \_\_\_\_\_ hasten and \_\_\_\_\_  
to obey your \_\_\_\_\_.

61 \_\_\_\_\_ the wicked \_\_\_\_\_ with \_\_\_\_\_,  
\_\_\_\_\_ forget your \_\_\_\_\_.

62 \_\_\_\_\_ I rise \_\_\_\_\_ thanks  
for \_\_\_\_\_ righteous \_\_\_\_\_.

63 \_\_\_\_\_ a friend to all \_\_\_\_\_,  
to all \_\_\_\_\_ your \_\_\_\_\_

64 The earth is \_\_\_\_\_ with \_\_\_\_\_,  
teach me your \_\_\_\_\_.

### Activities:

1. Who is the LORD, according to this psalmist? What has the LORD already done? What has He promised?
2. What does the psalmist say has happened or may happen to him? (Hint: it is a metaphor)
3. Imagine this metaphor in your own life: in your past or your present situation. Describe the experience using the metaphor as a frame. How did you respond, or how are you responding so far?
4. How does the psalmist forge through difficulties in this psalm? (Hint: there are at least 2 things he does).
5. How does the psalmist draw near to God and also to man? (Hint: v63) How can you apply this concept?
6. Write out your own prayer, in your own words, according to the difficulty you are facing: What will you ask? do? speak?