



NUN

¹⁰⁵Your word is a lamp **for my feet,**
a light **on my path.**

¹⁰⁶I have **taken** an oath and **confirmed** it,
that I will follow your **righteous laws.**

¹⁰⁷I have suffered **much;**
preserve my life, **LORD,** according to **your word.**

¹⁰⁸Accept, **LORD,** the **willing** praise of **my mouth,**
and teach me your laws.

¹⁰⁹**Though** I constantly take **my life** in **my hands,**
I will not forget **your law.**

¹¹⁰The wicked have **set a snare** for me,
but I have not strayed from **your precepts.**

¹¹¹**Your statutes** are my heritage **forever;**
they are the joy of my **heart.**

¹¹²My **heart** is set on **keeping** your decrees
to the very end.



NUN

¹⁰⁵Your word is a lamp ___ my ____,
a light ___ my ____.

¹⁰⁶I have _____ an oath and _____ it,
that I will follow your _____.

¹⁰⁷I have suffered _____;
preserve my life, _____, according to _____.

¹⁰⁸Accept, _____, the _____ praise of _____,
and teach me your laws.

¹⁰⁹_____ I constantly take _____ in _____,
I will not forget _____.

¹¹⁰The wicked have _____ for me,
but I have not strayed from _____.

¹¹¹_____ are my heritage _____;
they are the joy of my _____.

¹¹²My _____ is set on _____ your decrees
to the very end.

ACTIVITIES:

1. How does the metaphor of a lamp or light on the path set the understanding for the rest of the 8 verses?
2. What is an *oath*? What is the oath that the psalmist made, and how did he confirm it? (see also v.112)
3. The psalmist speaks of suffering, preservation of life, the wicked setting snares. Consider these in relation to your own circumstance "on the path" of life today. What does God give in His Word that helps you, or helped him?
4. Is God's Word a joy to your heart today? What Bible passages have given you joy in the past? Write them out.
5. What is an *heritage*? How can this metaphor be helpful to you today?